

2005 / 2006 CVYAA Girls Basketball Playing Rules

1. All players must have at least two (2) full quarters of play. No player will be allowed to play four (4) quarters until all other players have played three (3) quarters
2. The quarters shall be ten (10) minutes long for high school, eight (8) minutes long for middle school, and six (6) minutes long for elementary. Clock will only be stopped in the last two minutes of each half. Each team will have two (2) thirty-second timeouts per half. There will be a one (1) minute between quarters, and three (3) minutes for halftime.
3. At the elementary level only man-to-man defense is allowed. There will be no defense permitted in the back court. At the middle school level, at least two (2) quarters must be man-to-man. At the high school level, both man-to-man and zone will be permitted. At the middle and high school level, no back court defense will be permitted by a team ahead by ten (10) points or more. A team will be warned two(2) times each quarter for not getting back on defense, after that a technical foul will be called.
4. The foul line for elementary will be three (3) feet closer.
5. There will be a five (5) second lane violation
6. A player is permitted five(5) fouls per game. Foul shots will be taken on shooting fouls and after the seventh (7) foul of the half.
7. A flagrant foul will be a technical foul with the fouled team receiving two (2) foul shots and the ball. A technical foul can be called on a player, a coach, or an assistant coach. Technical fouls can be called on the coach for any unruly parents or fans. It will be the coaches responsibility to keep the fans, parents, relatives, etc. under control.
8. There will be no three point field goals.
9. Games will start at the scheduled times. If a team is not ready at the time the referee blows the whistle or signals the start of the game, a technical foul will be technical foul will be called, and two (2) two free throws and the ball will be awarded. If the offending team is still not ready, a second set of technical free throws will be given. If after that, the offending team is still not ready and on the floor, the game will be forfeited. Coaches must have their team ready to go at game time. This rule is instituted due to the time limitations on the gym. The penalties for the various fouls are put in place for the protection of the children from serious injury. Part of playing a sport is to be a *good sportsman*, and this is as much the teaching of basketball as playing the game.
- 10. There shall be no food or drink allowed in the gym. No regular shoes or boots are permitted on the gym floor - only soft-soled shoes or sneakers**
11. Parents or an adult responsible for non-participating children **MUST** keep the children with them at all times. Small children must be accompanied to restrooms and drinking fountain by an adult. No children are permitted to roam or play in other areas of the school, this includes the stage area. NO children are permitted to be in the gym unless they are participating in the games, or are accompanied by an adult relative, i.e. parent, guardian, grandparent etc. Any violation of this rule will result in the removal of the player from the league.
12. Damage done to any property or piece of equipment while at the school or on the grounds of the school while the league is in session, is the responsibility of the parent or guardian of the offending person. If damage is done and the person responsible is not identified, then the league must pay and we risk losing our gym privileges.